



MICROBLADING PRE-CARE

The pre-care instructions below are of the utmost importance to ensure your new brows heal properly and look their best! Pre-care instructions are designed to limit bleeding and skin sensitivities during the service. Excessive bleeding during the procedure can dilute the pigment color and lead to poor results.

- No alcohol 48 hours before procedure.
- Do not work out in the 24-hour period prior to procedure.
- Avoid sun and tanning one week prior to procedure.
- Do not take Aspirin, Niacin, Vitamin E or Advil/Ibuprofen 48 hours before procedure. Please consult your doctor before stopping or starting any medication.
- Avoid fish oil, pre-natal vitamins, nutritional shakes (Shakeology, etc.) and “Hair, Skin, Nail” supplements 48 hours prior to procedure.
- Discontinue Retin-A near the eyebrow area at least four weeks prior to procedure and avoid applying to eyebrow area after procedure.
- Refrain from using any Alpha Hydroxy Acid (AHA) products close to the eyebrow area two weeks prior to procedure and avoid applying to eyebrow area after procedure.
- Botox and filler on the forehead, temple and eye area should be avoided one month prior to procedure for those who do not regularly receive injectables.
- No brow waxing, tinting or threading one week prior to procedure. The more natural hair growth you have, the better!
- Avoid chemical peels, microdermabrasion or facials four weeks prior to procedure.

Microblading is not recommended for people with the following conditions:

- Pregnant or nursing

- Diabetic
- Viral infections and/or diseases
- Epilepsy
- A pacemaker or major heart problems
- Had an organ transplant
- Tendency towards keloids
- Seborrheic dermatitis
- Skin irritations or psoriasis near the treated area (rashes, sunburn, acne, etc.)
- Sick (cold, flu, etc.)
- Have upcoming vacations or special occasions planned
- Used Accutane in the past year
- Allergic to anesthetic (Lidocaine/epinephrine/tetracaine/benzocaine/prilocaine)
- Extremely oily or problematic skin

Microblading OKC strongly advises prospective new clients to book their microblading appointments at least 2-3 months in advance of vacations, weddings and special occasions. This takes both your initial microblading appointment and your touch-up enhancement session into account and allows adequate time for healing.

Achieving perfect brows is a multi-step process. Dream brows cannot be accomplished in just one session. Most clients require multiple sessions to achieve desired density and shape.

Please sign and date below to indicate you have completely read and understood the instructions above.

Signature _____ Date _____

Please note, we do not accept checks.